

**SOUTH SUBURBAN ARCHAEOLOGICAL SOCIETY**  
PRESENTS A *FREE* ILLUSTRATED LECTURE

*Catherine Witt*

*Near Eastern Languages and Civilizations, University of Chicago*

# SLEEP LIKE AN EGYPTIAN:

## Ancient Egyptian Headrests in Context



*Ancient Egyptian Headrest*

Ancient Egyptians believed sleep and death were closely related, so both the living and the dead needed similar objects. learn how to sleep like an Egyptian by joining Catherine Witt in an exploration of daily life and death in

ancient Egypt, where headrests and related objects, such as beds and figurines, would have supported their owners both in this world and the next. We will also wrap in a discussion of the magical powers of headrest imagery and amulets for raising the deceased in the afterlife, revealing the symbolic significance of headrests to people of the time.

Ms. Witt received her MA from the University of Chicago, where she is a doctoral candidate in Egyptology focusing on the lives of ancient Egyptian women and the material culture of the period.



*Catherine Witt*

## Thursday, Sept. 21, 2023, at 7:30 PM

Marie Irwin Community Center\* • 18120 Highland Avenue, Homewood, Illinois

The South Suburban Archaeological Society is a 501(c)3 not-for-profit organization. All labor is donated.

For more information call 773-268-6705 or visit <http://southsuburbanarchsociety.weebly.com>

\*ADA-accessible

All are invited to attend this free lecture